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 Hampshire  
County Council

# scarf

[www.scarfnewforest.org](http://www.scarfnewforest.org)

Supporting Special Children and their Relatives and Friends

## Saturday Multi-Sports Sessions Cycling, Sept-Oct 2017

We have 6 weeks of cycling planned for Saturday mornings in Sept/Oct 2017 together with PEDALL.

The short course will help to develop cycling skills and confidence using a fleet of specialist bikes. The course will provide an introduction on how to use the different bikes and how to fit a helmet safely. Over the weeks it will take in a variety of terrain (gravel tracks, gentle hills) increasing the distance of the rides depending on the ability of the group.

The sessions are for children with additional needs from 7 to 19 years who need to improve their cycling skills. Parents do not need to stay with their child as support workers and volunteers will help the children.



### When?

Sat 16<sup>th</sup> Sept, 23<sup>rd</sup> Sept, 30<sup>th</sup> Sept, 7<sup>th</sup> Oct, 14<sup>th</sup> Oct, 21<sup>st</sup> Oct

**Where?** Various locations, first session at Beaulieu Heath

<http://www.pedall.org.uk/beaulieu-heath/>

**What Time?** From 10.30am to 12.00pm

**How much?** £30 for 6 sessions

Spaces are limited to 10 children, so please book as soon as possible if you wish to come along. For further information contact Lucinda Dowson, Scarf Programme Coordinator on 07874 221249 or email [admin@scarfnewforest.org](mailto:admin@scarfnewforest.org).

Scarf Charity Number 1015081

Website: [www.scarfnewforest.org](http://www.scarfnewforest.org)

# Scarf Multi-Sports Booking Form

## Sept/October 2017

Name:	
Tel:	Email:
Address:	
Name of child with special needs:	
Age:	
What level of staff support do you feel your child/young person requires during the multi-sports activity? (eg. does he/she normally have one-to-one support in other settings)? If your child has complex medical needs or behaviour difficulties please phone to discuss their needs in greater detail.	

Please enclose a cheque for £30 payable to Scarf covering 6 weeks of multi-sports.

Please return the booking form and cheque to Lucinda Dowson (a Medical/Consent form will then be sent out to you to complete before the club starts):

Lucinda Dowson  
Scarf  
PO Box 436  
Lymington  
Hants  
SO41 1EN