

Supported by
 Hampshire
County Council

scarf
www.scarfnewforest.org

Supporting Special Children and their Relatives and Friends

Saturday Multi-Sports Sessions Taekwondo Nov-Dec 2017

We have 5 weeks of Taekwondo planned for Saturday mornings during November and December with Nic Reed from New Forest Taekwondo. Taekwondo is famed for it's fast, dynamic and powerful movements & Nic will be guiding you through some fantastic fun packed drills. All you need is lots of enthusiasm and a can do attitude. The session will include pad drills, self defence moves, balance skills, stretches and plenty of taekwondo themed game play.

The sessions are for children with additional needs from 7 to 19 years. Parents do not need to stay with their child as support workers and volunteers will be there to help the children.



When? Sat 4th Nov, Sat 11th Nov, Sat 18th Nov, Sat 25th Nov, Sat 9th Dec
(NB – no session on Sat 2nd Dec)

Where? Arnewood School Gym, Gore Road, New Milton, Hants, BH25 6RS

What Time? From 11am to 12.30pm (*please note later time*)

How much? £30 for 5 sessions

Spaces are limited, so please book as soon as possible if you wish to come along. For further information contact Lucinda Dowson, Scarf Programme Coordinator on 07874 221249 or email admin@scarfnewforest.org.

Scarf Charity Number 1015081

Website: www.scarfnewforest.org

Scarf Multi-Sports Booking Form Nov/Dec 2017

Name:	
Tel:	Email:
Address:	
Name of child with special needs:	
Age:	
What level of staff support do you feel your child/young person requires during the multi-sports activity? (eg. does he/she normally have one-to-one support in other settings)? If your child has complex medical needs or behaviour difficulties please phone to discuss their needs in greater detail.	

Please enclose a cheque for £30 payable to Scarf covering 5 weeks of multi-sports.

Please return the booking form and cheque to Lucinda Dowson (a Medical/Consent form will then be sent out to you to complete before the club starts):

Lucinda Dowson
Scarf
PO BOX 436
Lymington
SO41 1EN